

CPG0019 Appendix 1
Breast and nipple thrush prescribing algorithm
(Please refer to CPG for further details)

Updated January 2023

Mother

Baby

Prescribe

- Topical – Miconazole cream to nipples 4 times a day after feeds
- Oral - Fluconazole 150mg capsules every second day for 3 doses, with 1 repeat script followed by Nystatin 500,000 units x 2, three times a day

Prescribe

- Miconazole oral gel $\frac{1}{4}$ of supplied teaspoon four times daily after feeds for 1 week then once daily for 1 week
OR
- Nystatin oral drops 1ml (100,1000 units) – half into each side of the mouth four times daily after feeds. Continue for 2 days after symptoms resolve
- Miconazole cream to buttocks if thrush rash present

Review in 1 week.
Has pain significantly improved?

No

Yes

Complete repeat Fluconazole script as above prior to commencing Nystatin

Complete treatment with Nystatin as above

Review in 1 week.
Has pain significantly improved?

Yes

No

Consider 150mg Fluconazole daily for 10 days followed by Nystatin as above
Reconsider diagnosis if no subsequent improvement

After treatment, if nipple pain persists (without breast pain), consider gentian violet 0.5% aqueous paint – apply after feeds to nipples twice a day for up to 7 days